



GRACIE BARRA SOUTH JAKARTA TRAINING SCHEDULE

TIME/DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10AM - 11AM						BJJ KIDS
11 AM - 12PM						BJJ ALL LEVELS
11.30AM - 12pm	BJJ ALL LEVELS	BJJ ALL LEVELS	NO GI ALL LEVELS	BJJ ALL LEVELS	BJJ ALL LEVELS	
12pm - 1pm						NO GI ALL LEVELS
5PM - 6PM	BJJ KIDS		BJJ KIDS			
8PM - 9PM	BJJ ALL LEVELS	BJJ ALL LEVELS	NO GI ALL LEVELS	BJJ ALL LEVELS	BJJ ALL LEVELS	
BJJ ALL LEVELS	FOR ALL EXPERIENCE LEVELS					
NO GI ALL LEVELS	FOR ALL EXPERIENCE LEVELS					
BJJ KIDS	FOR KIDS 4 - 12 YEARS					

* PRIVATE SESSIONS CAN BE SCHEDULED DURING NON-CLASS HOURS DEPENDING ON AVAILABILITY OF INSTRUCTOR.